

AgeSpan offers information to older adults and adults with disabilities and their families regarding various housing options including private, public, subsidized or unsubsidized housing, assisted living, adult communities and nursing/rest homes.

In addition, our Options Counseling Program can provide counseling regarding different living settings and help consumers navigate the process of applying for housing.

Options

Adult Housing Complexes – Managed by housing authorities or private companies, many with public rent subsidies. Residents needing help with daily tasks such as personal care, meals, shopping, housekeeping, laundry, and transportation may qualify for state-funded Home Care services, other programs, or private pay options.

Assisted Living – Provides private apartments with assistance for activities of daily living (bathing, dressing, grooming) and 24-hour monitoring. Most are privately paid, though some offer subsidy programs (such as Group Adult Foster Care) or specialized memory care options.

Congregate Living – Offers private bedrooms with shared kitchens, dining, and/or bathing areas within affordable public housing. Congregate Coordinators help arrange services based on individual needs and eligibility. Residents must not require 24-hour care.

Adult Family Care – Provides companionship and supportive services for older adults and adults with disabilities in a family setting. Host families do not need to be related to the care recipient. A social work/nurse team provides ongoing support, with assistance including personal care, medication monitoring, and daily living activities. Services are funded by Medicaid for eligible participants and available through private pay.

Nursing/Rest Homes – Provide 24-hour care and supervision for individuals who can no longer remain at home. Nursing homes offer skilled nursing and rehabilitation services, while rest homes provide supervision and support for those who do not require skilled nursing. Payment options may include private pay, insurance, Medicaid, or Medicare depending on eligibility.

More Information

For more information about Housing Options, call our Information & Referral Department at 800-892-0890.

Contact Us

Visit us online at agespan.org

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