

## Services

The federally funded Nutrition Program offers a well-balanced meal to adults through home-delivered services and congregate dining sites. Meals are more than just a hot lunch.

Meals meet 1/3 of the daily USDA standards and are available in Regular, Renal, Cardiac, Modified, Chopped, Ground, Low Lactose, and Pureed for all home-delivered meals clients. Chinese and Latino home-delivered meals are available as well.

## Congregate Dining Sites Location

Located in senior centers, elder housing, and other convenient places, dining centers are locations where adults age 60 and over, and adults with disabilities can enjoy good food and good company. Current locations are:

- Amesbury Senior Center
- Amesbury Towers
- Archambault Towers, Lowell
- Billerica Senior Center
- Chelmsford Senior Center
- Danvers Council on Aging
- Dracut Senior Center
- Father Norton Manor, Lowell
- Georgetown Senior Center
- Haverhill Senior Center
- Lawrence Senior Center
- Marblehead Council on Aging
- Methuen Senior Center
- Methuen Elder Housing Complex at Mystic Street
- Middleton Senior Center
- Newburyport Senior Center
- North Andover Senior Center
- Peter A. Torigian Senior Center
- Rowley Senior Center
- Salem Council on Aging
- Salisbury Senior Center

## Eligibility

The Home Delivered Meal Program serves adults age 60 and older or qualified adults who are determined to be homebound and unable to prepare a balanced meal or safely participate at a Congregate Dining Site.

Any adult over the age of 60 may participate at the Congregate Dining Site.

## More Information

For information on any of our Mobile Markets, contact Health Equity Partnership Manager Amelia DeStefano at 978-651-3071 or [adestefano@agespan.org](mailto:adestefano@agespan.org).

## Connect With Us

Visit us online at [agespan.org](http://agespan.org)

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