



## Caregiver Support Groups

### Virtual Support Groups:

#### **Virtual Caregivers Caring for those with Memory Loss**

**Tuesdays** (1<sup>st</sup> and 3<sup>rd</sup> of the Month) **5:30pm – 7:15pm on Zoom**

**Contact:** Sarah Coletti [scoletti@youroasisadvisor.com](mailto:scoletti@youroasisadvisor.com)

#### **Virtual General Caregiver Support**

**Thursdays** (3<sup>rd</sup> of the Month) **1pm – 2pm on Microsoft Teams**

**Contact:** Crystal Polizzotti [cpolizzotti@agespan.org](mailto:cpolizzotti@agespan.org)

### In-Person Support Groups:

#### **Caregivers Caring for those with Memory Loss**

**Thursdays** (3<sup>rd</sup> of the Month) **5pm – 6:30pm**

**The Linden at Danvers**, 220 Conant Street Danvers, MA

**Contact:** Crystal Polizzotti [cpolizzotti@agespan.org](mailto:cpolizzotti@agespan.org)

#### **General Caregiver Support**

**Wednesdays** (4<sup>th</sup> of the Month) **10:30am – 11:30am**

**Dracut Council on Aging**, 951 Mammoth Road, Dracut, MA

**Contact:** Kelly Beekman [kbeekman@agespan.org](mailto:kbeekman@agespan.org)