

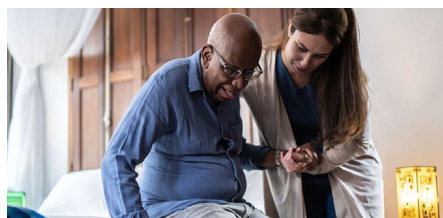
AgeSpan At-A-Glance



Who We Are

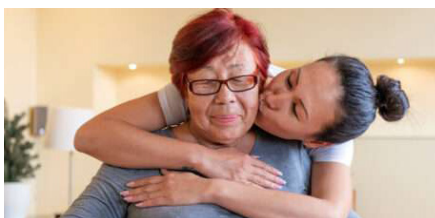
AgeSpan helps older adults in Massachusetts stay safe, healthy, and independent at home and in their communities. We connect people of all ages, abilities, and caregivers to services that make life easier and keep vulnerable adults safe. AgeSpan is a Massachusetts Aging Services Access Point (ASAP), an Area Agency on Aging (AAA), and designated Protective Services Provider.

What We Offer



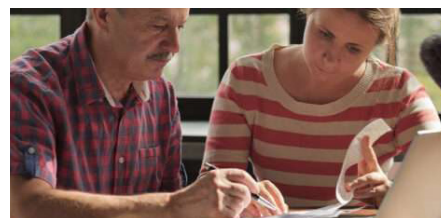
Care Planning

We help you understand your needs and connect you to trusted care resources.



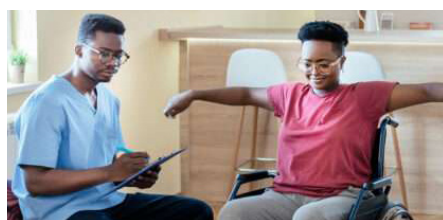
Caregiver Support

Get support, guidance, and connection with caregivers.



Financial Education

Help with budgeting, bills, and avoiding scams.



Health and Wellness

Get connected to resources and programs that support wellness and healthy aging.



Housing and Community

We help you find safe housing and local services.



Medicare Guidance

Free counseling to help you navigate Medicare.



Nutrition Services

We offer nutrition support programs including Meals on Wheels, congregate dining, and more.



Resource Referrals

We connect you to programs that support daily living.



Safety and Protection

We help people stay safe and prevent abuse.

AgeSpan At-A-Glance



Who We Serve

We serve older adults, families, and caregivers in 28 cities and towns across the Greater Haverhill, Greater Lawrence, Greater Lowell, and North Shore areas. Some programs also reach beyond these regions across Massachusetts and New England.

Cities We Serve

Amesbury • Andover • Billerica • Boxford • Chelmsford • Danvers • Dracut • Dunstable • Georgetown • Groveland
Haverhill • Lawrence • Lowell • Marblehead • Merrimac • Methuen • Middleton • Newbury • Newburyport
North Andover • Peabody • Rowley • Salisbury • Salem • Tewksbury • Tyngsboro • Westford • West Newbury

Additional Resources

GUIDE - AgeSpan's GUIDE program helps people with dementia and their caregivers get support, education, and resources to improve quality of life and reduce stress.



BetterAge – This free tool helps assess your loved one's well-being, offers personalized tips, and shows ways to improve quality of life.



Healthy Living Center of Excellence - AgeSpan's Healthy Living Center of Excellence offers programs across Massachusetts to help adults stay active, manage health conditions, prevent falls, support mental well-being, and care for themselves and others.



Community Resource Guide - The Community Resource Guide is a searchable directory of local programs and services to help older adults, people with disabilities, caregivers, and veterans stay independent and supported.

Contact us

You can reach us by phone, email, or in person for guidance, referrals, and support.

Visit us online: agespan.org

Email Us: info@agespan.org

Call Us: 800-892-0890

Headquarters & Mailing Address: 280 Merrimack Street, Suite 400, Lawrence, MA 01843

Regional Office: Danvers

