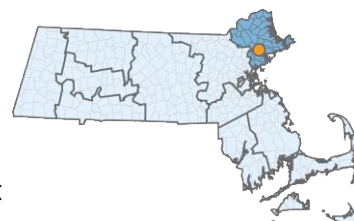


## Danvers (Essex)

Danvers is a town in Essex County with 5,943 residents aged 65 and older. Compared to state average rates, older residents have lower rates of tooth loss. However, they have higher rates of Alzheimer's disease or related dementias, anemia, asthma, atrial fibrillation, breast cancer, cataract, chronic kidney disease, fibromyalgia/chronic pain/fatigue, hypertension, liver disease, osteoarthritis/rheumatoid arthritis, osteoporosis, peripheral vascular disease, pressure ulcer, depression, anxiety disorder, schizophrenia, and high cholesterol. Danvers' older residents are more likely to have a regular doctor, have annual dental exams, and always drive or ride wearing a seatbelt. Community resources to support healthy aging include a COA, two home health agencies, one hospice agency, an Alzheimer's caregiver support group, five assisted living facilities, one public library, 112 primary care providers, five skilled nursing facilities, and two public universities or community colleges.



POPULATION CHARACTERISTICS	Significantly different than state rate	Community estimate	State estimate
Total population (all ages)		27,910	6,984,205
Population 60 years or older as % of total population		28.2%	23.8%
Total population 60 years and older		7,872	1,661,076
Population 65 years or older as % of total population		21.3%	17.1%
Total population 65 years and older		5,943	1,195,589
% 65-74 years		53.7%	58.4%
% 75-84 years		29.5%	28.1%
% 85 years or older		16.8%	13.4%
% 65+ population who are female		57.7%	56.2%
% 85+ population who are female		67.1%	66.6%
Race and ethnicity of the population 65+			
% White	*	96.2%	86.3%
% African American	*	0.8%	4.4%
% Asian	*	2.2%	4.0%
% Other race(s)	*	0.8%	5.3%
% Hispanic	*	0.3%	4.8%
# 55+ who are Native American / Alaskan		0	3,537
Marital status of the population 65+			
% married		54.0%	54.0%
% divorced/separated		15.6%	15.8%
% widowed		22.9%	21.1%
% never married		7.4%	9.0%
Education of the population 65+			
% with less than high school education		9.7%	12.7%
% with high school or some college		53.9%	50.3%
% with college degree		21.1%	18.1%
% with graduate or professional degree		15.3%	18.9%
% 65+ population who speak only English at home	*	91.4%	83.1%
% 65+ population who are veterans of military service		13.0%	12.7%
% 60+ LGBT		2.5%	3.5%

POPULATION CHARACTERISTICS	Significantly different than state rate	Community estimate	State estimate
<b>HOUSING</b>			
% 65+ population who live alone		27.5%	28.1%
Average household size (all ages)		2.4	2.5
Median house value (all ages)	*	\$589,600	\$483,900
% 60+ own home		75.1%	72.9%
% 60+ homeowners who have mortgage		50.8%	46.8%
% 65+ households (renter) spend >35% of income on housing		52.5%	43.6%
% 65+ households (owner) spend >35% of income on housing		25.6%	27.3%
% grandparents who live with grandchildren		2.4%	2.8%
# of assisted living sites		5	275
<b>SOCIAL DETERMINANTS OF HEALTH</b>			
<b>COST OF LIVING</b>			
Elder Index			
Single, homeowner without mortgage, good health (County)	1.00	\$30,600	\$30,552
Single, renter, good health (County)	1.03	\$39,888	\$38,580
Couple, homeowner without mortgage, good health (County)	0.98	\$43,728	\$44,520
Couple, renter, good health (County)	0.97	\$53,016	\$54,548
<b>ECONOMIC</b>			
% 60+ receiving food stamps in past year	*	6.1%	13.3%
% 65+ employed in past year		26.7%	22.0%
% 65+ with income below the poverty line in past year	*	6.6%	9.9%
Median annual income for households with a householder age 65+		\$72,250	\$61,624
% 65+ households with annual income < \$20,000	*	9.8%	17.1%
% 65+ households with annual income \$20,000-\$49,999		26.9%	25.3%
% 65+ households with annual income \$50,000-\$99,999		26.7%	26.7%
% 65+ households with annual income \$100,000+		36.6%	31.0%
<b>WELLNESS</b>			
% 60+ getting the recommended hours of sleep		65.1%	63.1%
% 60+ doing any physical activity in past month		78.2%	72.8%
% 60+ met CDC guidelines for muscle-strengthening activity		30.3%	25.8%
% 60+ met CDC guidelines for aerobic physical activity		56.5%	53.9%
% 60+ with fair or poor self-reported health status	B	8.6%	18.5%
% 60+ with 15+ physically unhealthy days in past month		8.8%	13.1%
<b>COMMUNITY</b>			
Annual # unhealthy days due to air pollution for 65+ (County)		1	NA
AARP Age-Friendly Communities		Not yet	Yes
Dementia Friendly Communities		Not yet	Yes
# of public universities and community colleges		2	124
# of public libraries		1	455
# of Councils of Aging (COAs)		1	350
# of Osher Lifelong Learning Institutes (OLLI)		0	4
% households with a smartphone (all ages)		86.3%	87.6%
% households with only a smartphone to access the Internet (all ages)		4.6%	6.4%

SOCIAL DETERMINANTS OF HEALTH		Significantly different than state rate	Community estimate	State estimate
COMMUNITY				
% households without a computer (all ages)			5.5%	5.7%
% households with access to Broadband (all ages)	*		93.7%	90.7%
% households without access to the Internet (all ages)	*		6.1%	9.2%
% 60+ who used Internet in past month	*		84.0%	70.6%
Voter participation rate in 2020 election (age 18+)			79.6%	80.8%
Homicide rate/100,000 persons (County)			2.0	2.3
# firearm fatalities (all ages) (County)			137	1267
# 65+ deaths by suicide (County)			56	527
Age-sex adjusted 1-year mortality rate			3.7%	3.9%
TRANSPORTATION				
% householders 65+ who own a motor vehicle			86.4%	84.2%
% 60+ who always drive or ride wearing a seatbelt	B		91.1%	85.9%
% 60+ drove under influence			NA	1.3%
# fatal crashes involving adult age 60+ (County)			51	545
AllTransit Score			1.80	2.93
HEALTH OUTCOMES				
FALLS				
% 60+ who fell in past year			27.0%	26.6%
% 60+ who were injured by a fall in past year			11.2%	10.1%
% 65+ with hip fracture			3.7%	3.2%
PREVENTION				
% 60+ with physical exam/check-up in past year			92.2%	89.8%
% 60+ flu shot in past year			71.5%	67.6%
% 60+ with pneumonia vaccine			56.9%	61.7%
% 60+ with shingles vaccine			52.5%	46.3%
% 60+ women with mammogram in past 2 years			83.5%	79.9%
% 60+ had colorectal cancer screening			65.5%	62.4%
% 60+ with optimal preventive health			26.5%	26.1%
NUTRITION & DIET				
% 60+ with 5 or more servings of fruit or vegetables per day			16.5%	16.3%
% 60+ self-reported obese			24.9%	27.8%
% 65+ with high cholesterol	W		77.7%	75.9%
% 60+ with high cholesterol screening			97.4%	96.3%
ORAL HEALTH				
% 60+ with annual dental exam	B		86.9%	74.9%
# dentists per 100,000 persons (all ages) (County)			69.3	69.0
% 60+ with loss of 6+ teeth	B		14.4%	28.2%

HEALTH OUTCOMES	Significantly different than state rate	Community estimate	State estimate
<b>CHRONIC DISEASE</b>			
% 65+ with Alzheimer's disease or related dementias	W	15.6%	12.9%
% 65+ with anemia	W	47.3%	43.1%
% 65+ with asthma	W	15.7%	13.9%
% 65+ with atrial fibrillation	W	16.6%	15.2%
% 65+ with benign prostatic hyperplasia (men)		43.0%	42.6%
% 65+ with breast cancer (women)	W	13.5%	11.6%
% 65+ with cataract	W	67.7%	64.3%
% 65+ with chronic kidney disease	W	38.5%	34.3%
% 65+ with chronic obstructive pulmonary disease		20.1%	19.1%
% 65+ with colon cancer		2.5%	2.4%
% 65+ with congestive heart failure		21.0%	19.6%
% 65+ with diabetes		27.2%	28.6%
% 65+ with endometrial cancer (women)		2.7%	2.2%
% 65+ with fibromyalgia, chronic pain, and fatigue	W	43.7%	37.2%
% 65+ with glaucoma		26.6%	25.3%
% 65+ ever had a heart attack		4.3%	4.6%
% 65+ with HIV/AIDS		0.17%	0.30%
% 65+ with hypertension	W	75.5%	72.9%
% 65+ with ischemic heart disease		36.9%	37.1%
% 65+ with liver disease	W	13.8%	12.2%
% 65+ with lung cancer		2.4%	2.1%
% 65+ with migraine and other chronic headache		8.6%	8.0%
% 65+ with osteoarthritis or rheumatoid arthritis	W	58.1%	55.5%
% 65+ with osteoporosis	W	22.7%	20.1%
% 65+ with peripheral vascular disease	W	21.7%	18.1%
% 65+ with pressure ulcer or chronic ulcer	W	10.4%	7.8%
% 65+ with prostate cancer (men)		14.4%	13.6%
% 65+ with stroke		12.1%	11.2%
% 65+ with 4+ (out of 15) chronic conditions	W	63.8%	60.4%
% 65+ with 0 chronic conditions	W	5.9%	7.2%
<b>BEHAVIORAL HEALTH</b>			
# drug overdose deaths (all ages) (County)		1,556	11,845
% 65+ with substance use disorder		9.4%	9.4%
% 60+ excessive drinking		13.3%	10.9%
% 65+ with tobacco use disorder		12.9%	12.3%
% 60+ current smokers		9.1%	8.9%
<b>MENTAL HEALTH</b>			
% 60+ with 15+ days poor mental health in past month		6.6%	8.4%
% 65+ with depression	W	37.9%	34.6%
% 65+ with anxiety disorder	W	37.9%	33.0%
% 65+ with post-traumatic stress disorder		3.0%	3.0%
% 65+ with schizophrenia & other psychotic disorder	W	6.1%	4.0%

HEALTH OUTCOMES	Significantly different than state rate	Community estimate	State estimate
<b>LIVING WITH DISABILITY</b>			
% 65+ with self-reported hearing difficulty		11.4%	12.3%
% 65+ with self-reported vision difficulty		3.9%	4.8%
% 65+ with self-reported cognition difficulty		7.9%	7.5%
% 65+ with self-reported ambulatory difficulty		20.8%	18.6%
% 65+ with self-reported self-care difficulty		9.8%	7.3%
% 65+ with self-reported independent living difficulty		15.8%	13.2%
<b>CAREGIVING</b>			
# of Alzheimer's support groups		1	25
% grandparents raising grandchildren		0.65%	0.66%
<b>ACCESS TO CARE</b>			
% 65+ dually eligible for Medicare and Medicaid	*	11.9%	17.1%
% 65+ Medicare managed care enrollees	*	28.2%	30.5%
% 60+ with a regular doctor	B	98.5%	96.5%
% 60+ who did not see a doctor when needed due to cost		3.7%	3.9%
# of primary care providers		112	8,899
# of hospitals		0	79
# of home health agencies		2	269
# of skilled nursing facilities		5	352
# of hospice agencies		1	76
# of community health centers		0	215
# of adult day health centers		0	143
<b>SERVICE UTILIZATION</b>			
# physician visits per year	*	8.1	7.3
# emergency room visits/1000 persons 65+ years annually		539.8	558.8
# Part D monthly prescription fills per person annually		54.6	53.5
# home health visits annually		3.1	2.9
# durable medical equipment claims annually		2.0	1.9
# inpatient hospital stays/1000 persons 65+ years annually		271.4	251.7
% Medicare inpatient hospital readmissions (as % of admissions)		18.4%	18.2%
# skilled nursing facility stays/1000 persons 65+ years annually	*	88.9	72.9
# skilled nursing home Medicare beds/1000 persons 65+ years		91.4	33.7
% 65+ getting Medicaid long term services and supports	*	4.5%	3.4%
% 65+ hospice users	*	4.0%	2.8%
% 65+ hospice users as % of decedents	*	50.7%	44.0%

## NOTES

## TECHNICAL NOTES

\*For more information on data sources, measures, and methodology used in the 2025 Massachusetts Healthy Aging Data Report see our technical documentation at ([healthyagingdatareports.org](http://healthyagingdatareports.org)). For most indicators, the community and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and community estimates may be due to chance associated with population sampling. We use the terms “Better” and “Worse” to highlight differences between community and state estimates that we are confident are not due to chance. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed, we used a hierarchical approach to reporting.

### Data Sources:

- *Population Characteristics: The U.S. Census Bureau (American Community Survey (ACS)) 2018-2022; Massachusetts Department of Public Health (MDPH) (Behavioral Risk Factor Surveillance Survey (BRFSS)), 2010-2022.*
- *Housing: ACS, 2018-2022; Mass.gov, 2023.*
- *Cost of Living: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston, 2023.*
- *Economic: ACS, 2018-2022.*
- *Wellness: BRFSS, 2010-2022.*
- *Community: AARP, 2023; ACS, 2018-2022; BRFSS, 2010-2022; CDC WONDER, 2016-2020; The CMS Master Beneficiary Summary File ABCD/Other (CMS), 2020-2021; Dementia Friendly Massachusetts, 2023; Massachusetts Executive Office of Elder Affairs (EOEA), 2023; NECHE, 2023; OLLI, 2023; MA State Library, 2023; MA Secretary of State, 2023; U.S. EPA Air Compare, 2023.*
- *Transportation: ACS, 2018-2022; AllTransit™, 2023; BRFSS, 2010-2022; NHTSA, 2018-2022.*
- *Falls: CMS, 2020-2021; BRFSS, 2010-2022.*
- *Prevention: BRFSS, 2010-2022.*
- *Nutrition/Diet: BRFSS, 2010-2022; CMS, 2020-2021.*
- *Oral Health: BRFSS, 2010-2022; HRSA, 2023.*
- *Chronic Disease: CMS, 2020-2021.*
- *Behavioral Health: BRFSS, 2010-2022; CDC WONDER 2016-2020; CMS, 2020-2021.*
- *Mental Health: BRFSS, 2010-2022; CMS, 2020-2021.*
- *Living with Disability: ACS, 2018-2022.*
- *Caregiving: ACS, 2018-2022; Alzheimer’s Association, 2023.*
- *Access to Care: BRFSS, 2010-2022; CMS, 2020-2021; HRSA, 2023; Medicare.gov, 2023; Massachusetts Executive Office of Health and Human Services (HHS), 2023.*
- *Service Utilization: CMS, 2020-2021.*

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