



Volunteer Programs

We have opportunities for people to get involved and give back to their communities. Each program has its own guidelines regarding the requirements that volunteers must meet to participate, such as time commitment and training.

We welcome individuals from a variety of diverse backgrounds who are interested in volunteering with AgeSpan. If your organization or group is looking for volunteer opportunities, our Mobile Market Program listed below allows for monthly volunteering for groups.

Mobile Market Program

Assist with the assembly and distribution of free grocery "brown bags" for low-income individuals.

Money Management Program

Work with older adults to develop basic money management skills such as paying bills, budgeting, and writing checks.

Meals on Wheels Program

Meals on Wheels drivers deliver nutritionally balanced meals to homebound older adults and adults with disabilities throughout the Merrimack Valley and North Shore.

Long Term Ombudsman Program

Become a certified Ombudsman to assist residents living in assisted living, nursing and rest homes by working with program staff to advocate for the rights and needs of the residents.

Family Caregiver Support Program

Use lived experience to compassionately support fellow caregivers of older adults or grandchildren through flexible and personalized involvement, whether by listening, leading groups, helping at events, or problem solving in person or remotely.

Serving the Health Insurance Needs of Everyone (SHINE) Program

Become a certified SHINE Counselor to provide unbiased, confidential information to Medicare beneficiaries to help them understand their health insurance options.

Senior Medicare Program (MA SMP)

Provide outreach and education to Medicare and Medicaid beneficiaries, family members, and caregivers on how to protect, detect, and report healthcare errors, fraud and abuse.

Other Opportunities

Assist with administrative tasks and projects such as filing, typing, mailings, and data entry.

Contact

You may also request more information from our Volunteer Department at

Phone: 978-946-1235

Email: volunteerprograms@agespan.org

More Information

Visit agespan.org/volunteer to explore our programs online or use your mobile device to scan the QR code.



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