

## Personal Care Attendant Program

*Allowing consumers to recruit, hire, train and schedule their own worker who assists them with personal care.*

Personal Care Attendant (PCA) Program is designed to let the consumer recruit, hire, train, schedule and if needed, discharge their own worker who assists them with personal care. The consumers can hire anyone except a spouse, parent, legal guardian or surrogate and must be on MassHealth, with a permanent disability or chronic illness.

Activities of daily life services offered are:

- Bathing
- Dressing and undressing
- Toileting including ostomy and catheterization needs
- Mobility, including transfers
- Use of durable equipment canes, walkers, wheelchairs and/or hoist lifts
- Eating, including tube-feeding and special dietary needs
- Medication administration
- Passive range of motion exercises

### ELIGIBILITY

You must have standard MassHealth insurance, CommonHealth, a Senior Care Options (SCO), or One Care plan and meet all of the following criteria:

- Have a permanent or chronic disability or illness
- Require physical hands-on assistance with at least two Activities of Daily Living (ADL) as a result of the disability or illness

- Your primary care physician must approve the PCA services as medically necessary
- You must live in the community (not a nursing or rest home) when PCA service begins

### COST

MassHealth will pay all costs associated with the Personal Care Assistant Program. You may qualify for this program if your monthly income does not exceed MassHealth income guidelines.

### MORE INFORMATION

For more information about our Personal Care Attendant Program, call our Information & Referral Department at 800-892-0890. You may also place a referral on our website at <https://agespan.org/resources>.