



Housing Options

This fact sheet provides a brief overview of different living settings to assist older adults and adults with disabilities in finding the right environment in order to maintain their maximum level of independence and safety.

Access to housing is limited and the application process can sometimes be confusing. AgeSpan offers information to older adults and adults with disabilities and their families regarding various housing options including private, public, subsidized or unsubsidized housing, assisted living, adult communities and nursing/rest homes.

In addition, our Options Counseling Program can provide counseling regarding different living settings and help consumers navigate the process of applying for housing.

OPTIONS

Adult Housing Complexes - Managed by housing authorities or private housing management companies, many have public subsidies to assist residents with their rent. Residents who need help with daily tasks, including personal care, meal prep, shopping, housekeeping, laundry and transportation, may be eligible for services provided by the state funded Home Care Program or may obtain services through other available programs or on a private pay basis.

Assisted Living - Combines a private apartment setting with assistance for activities of daily living (bathing, dressing, grooming) and 24-hour monitoring and oversight. Most assisted living programs are paid for privately. Costs per month range

by site. There are some assisted living residences that participate in financial subsidy programs (such as Group Adult Foster Care for assisted living) and/or offer special programs for people with memory impairment.

Congregate Living - Offers a private bedroom and shared kitchen, dining and/or bathing facilities. The units are located within public housing, offering affordability, and range in size from four to twenty units per site. Congregate Coordinators assist with the arrangement of services based on individual need and various eligibility requirements. Residents must not require 24-hour care.

Adult Family Care - Provides companionship and supportive services for older adults and adults with disabilities in a family setting. The host family does not have to be related to the care recipient. A social work/nurse team offers ongoing support for both the participant and the host family to ensure an individual's medical needs and personal interests are taken into consideration. Participants received daily assistance with personal care, medication monitoring and other activities of daily living. Adult Family Care is funded by Medicaid for those who qualify and is also available on a private pay basis.

Nursing/Rest Homes - Long term care facilities for those who can no longer remain at home and need 24-hour care or supervision. Nursing homes provide 24-hour skilled nursing care and rehabilitative services.

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Housing Options (continued)

Rest homes offer 24-hour supervision and support services for people who do not routinely need skilled nursing or medical care. Cost can be paid privately, by private insurance, or by Medicaid or Medicare depending on the particular setting and eligibility requirements of the payer source.

MORE INFORMATION

For more information about Housing Options, call our Information & Referral Department at 800-892-0890.