



Housing Alternatives

These options are to assist older adults and adults with disabilities in finding the right environment in order to maintain their maximum level of independence and safety.

AgeSpan provides information on housing options including private, public, subsidized or unsubsidized housing, assisted living, adult communities and nursing/rest homes, as well as housing counseling and information about reverse mortgages.

OPTIONS

Adult Housing Complexes - Managed by housing authorities or private housing management companies, many have public subsidies to assist residents with their rent. Residents who need help with daily tasks, including personal care, meal prep, shopping, housekeeping, laundry and transportation, may be eligible for services provided by the state funded Home Care Program or may obtain services through other available programs or on a private pay basis.

Assisted Living - Combines a private apartment setting with assistance with activities of daily living (bathing, dressing, grooming) and 24 hour monitoring and oversight. Most assisted living programs are paid for privately. Costs per month range by site. There are some assisted living residences that participate in financial subsidy programs (such as Group Adult Foster Care for assisted living) and/or offer special programs for people with memory impairment.

Congregate Living - Offers a private bedroom and shared kitchen, dining and/or

bathing facilities. The units are located within public housing, offering affordability, and range in size from four to twenty units per site. Congregate Coordinators assist with the arrangement of services based on individual need and various eligibility requirements. Residents must not require 24 hour care.

Adult Family Care - Provides companionship and supportive services for elders and adults with disabilities in a family setting. A social work/nurse team offers ongoing support for both the participant and the family to ensure an individual's medical needs and personal interests are taken into consideration. Participants received daily assistance with personal care, medication monitoring and other activities of daily living. Adult Family Care is funded by Medicaid for those who qualify and is also available on a private pay basis.

Nursing/Rest Homes - Long term care facilities for those who can no longer remain at home and need 24 hour care or supervision. Nursing homes provide 24 hour skilled nursing care and rehabilitative services. Rest homes offer 24 hour supervision and support services for people who do not routinely need skilled nursing or medical care. Cost can be paid privately or by private insurance or by Medicaid or Medicare depending on the particular setting and eligibility requirements of the payer source.

MORE INFORMATION

For more information about our Housing Options, call our Information & Referral Department at 800-892-0890.

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