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| **May Puree Menu 2025** | | | | |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Nutrition Questions? Leigh Hartwell 978-651-3023 or [lhartwell@agespan.org](mailto:lhartwell@agespan.org) A $2.00 confidential donation is suggested per meal. Donation letters are mailed monthly.  **Menu Subject to Change Without Notice.** | | | **1** BBQ Pork  Peas  Cheesy Cauliflower  Healthy Shake  Applesauce | **2** Cheese Lasagna & Marinara  Garlic Spinach  WW Garlic Roll  Fruit |
| **5** Chicken Alfredo  & Pasta  Beets  Healthy Shake  Fruit | **6** Pork w/Gravy  Cauliflower  Sweet Potatoes  Healthy Shake  Applesauce | **7** Crustless Quiche  Mashed Potatoes  Honey Glazed Carrots  Fruit  Healthy Shake | **8** Hamburger  Orzo & Peas  Healthy Shake  Pudding | **9** Pesto Fish  Mashed Potato  Spinach  Healthy Shake  Yogurt |
| **12**  Meatballs & Sweet BBQSauce  Mashed Potatoes  Beets  Healthy Shake  Fruit | **13** Ravioli w/Marinara  Cauliflower  Healthy Shake  Fruit | **14 Cold**  Chicken Salad  Pureed Fruit  Butternut Salad  Healthy Shake  Pudding | **15** Cheese Omelet  Turkey Sausage  Mashed Potatoes  Peas  Yogurt & Juice  Healthy Shake | **16** Beef & Veg Stew  Mashed Potatoes  Healthy Shake  Fruit |
| **19** Turkey w/Gravy  Mashed Potato  Carrots  Healthy Shake  Applesauce | **20** Breaded Fish  Mashed Butternut  Cauliflower  Healthy Shake  Fruit | **21** Sliced Beef  Mashed Potato  Beets  Healthy Shake  Yogurt | **22** Chicken Supreme  Sweet Potatoes  Fruit  Healthy Shake  Pudding | **23** Macaroni & Cheese  Peas  Healthy Shake  Fruit |
| **26**  **Memorial Day**  **No Meals** | **27** Lemon Basil Chicken Pasta  Peas  Healthy Shake  Fruit | **28** Pork & Gravy  Sweet Potatoes  Cinnamon Apples  Healthy Shake  Pudding | **29 Cold:** Egg Salad  Potato Salad  Beets  Healthy Shake  Yogurt | **30** Garlic & Herb Fish  Mashed Potatoes  Creamed Spinach  Healthy Shake  Fruit |

**To cancel meals, call the nutrition office at 978-686-1422 at least 24 hours prior to service.**

