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| Monday | Tuesday | Wednesday | Thursday | Friday |
| Menu Questions? Leigh Hartwell 978-651-3023 or Lhartwell@agespan.org A $2.00 confidential donation is suggested per meal. Donation letters are mailed monthly. Menu Subject to Change Without Notice | **1****New Years Day****No Meals Served** | **2** Roast Beef & ProvoloneBrussels Sprout SaladPasta SaladYogurtWW Bread | **3** Tortellini Salad w/Peas Marinated BeetsCookie MG Bread |
| 6 Turkey & Provolone Lentil SaladZucchini Salad Oat Bread Chilled Fruit | **7** Deviled Egg SaladThree Bean Salad ColeslawWW BreadApplesauce | **8 Shrimp** Pasta Salad Spinach SaladDinner RollGelatin  | **9** Ginger Chicken Garden SaladSesame Noodles Pita BreadMandarins | **10** Hummus Tabbouleh Broccoli SaladPita Bread Cookie  |
| 13 Ham & CheesePasta Salad Marinated VegetablesLS Wheat Bread Applesauce  | **14** Honey Mustard Chicken Salad Chickpea SaladBrussels Sprout SaladVienna BreadCookie  | **15** Garden Salad w/Roast BeefPotato SaladPita BreadFresh Fruit | **16** Turkey Salad Sweet Potato SaladCucumber SaladMG BreadChilled Fruit | **17** White Bean & Quinoa SaladGreen Bean SaladWW Dinner Roll Pudding  |
| 20MLK DayNo Meals Served | **21** Pesto ChickenFarro SaladMarinated BeetsWW Burger BunApplesauce  | **22** Turkey Chef Salad Sweet Potato SaladPita BreadYogurt | **23** Italian Sub (Ham, Mortadella, Salami, Provolone & Sub Roll)Pasta SaladRoasted Carrot SaladFresh Fruit | **24** Mediterranean Bean Salad\*Zucchini SaladVienna BreadCookie  |
| 27 Meat LoversPasta SaladMarinated Green BeansWW Dinner RollChilled Fruit  | **28** Cuban **(**Pork, Ham, Swiss, Oat Bread)Potato SaladColeslawApplesauce  | **29** Chicken Salad Corn Salad Garden Salad MG BreadCookie  | **30** Tuna Pasta Salad Tomato & CucumbersVienna Bread Fresh Fruit  | **31** Cottage Cheese Three Bean Salad Pineapple Fruit Loaf Pudding  |

**To cancel meals, call the nutrition office at 978-686-1422 at least 24 hours prior to service.**

