|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **3** Chicken & Sausage GumboWhite RiceOat BreadGrahams | **4** Yankee Pot Roast Carrots QuinoaWW BreadMixed Fruit  | **5** Breaded FishPasta & Peas WW Dinner Roll Mandarins  | **6** Turkey & White Bean Chili Green BeansMG Bread Applesauce  | **7** Breaded ChickenRoasted PotatoesBeetsWW BreadFresh Fruit |
| **10** Beef BurgundyBrown Rice BroccoliMG Bread Mixed Fruit  | **11** Hot Dog Baked BeansCinnamon ApplesLatin SlawHot Dog Roll | **12 Cold:** Turkey Garden Salad Butternut SaladPita Bread Fresh Fruit | **13 Special:** Chicken Scampi & PastaCapri Blend VegetablesGarlic Dinner RollChilled Fruit | **14** Pasta Fagioli: (Pasta, Beans & Veggies)CauliflowerOat BreadLorna Doones |
| **17****No Meals Served****President’s Day** | **18** MeatballsTomato Garlic Sauce WW Pasta Green BeansMG Bread Pineapple  | **19** Citrus & Fennel Chicken Roasted Sweet Potatoes BroccoliOat Bread Chilled Fruit  | **20 Birthday**Guinness Beef StewWhite Rice WW RollGrahams  | **21** Breaded Eggplant Pasta Marinara Zucchini BlendWW RollMandarins  |
| **24** Turkey & GravyCornGreen BeansLS Wheat BreadApplesauce  | **25** Turkey SausageRoasted PotatoesHoney Carrots Oat BreadChilled Fruit  | **26** American Chop SueyZucchini WW Garlic RollMandarins | **27** Sweet & Sour Chicken Lo MeinSteamed VeggiesMG breadFresh Orange  | **28** Breaded Fish Mixed VegetablesWarm BlueberriesGarden SaladBurger Bun  |

Questions? Leigh Hartwell 978-651-3023 or Lhartwell@agespan.org

A $2.00 confidential donation is suggested per meal. Donation letters are mailed monthly.

**Menu Subject to Change Without Notice**.

**To cancel meals, call the nutrition office at 978-686-1422 at least 24 hours prior to service.**

