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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **3** Caprese Orzo SaladHard Boiled Egg Zucchini Salad WW Dinner RollGelatin | **4** Ham & CheeseCorn Salad Garden Salad LS Wheat BreadChilled Fruit | **5** BLT w/Turkey BaconPotato SaladCucumber SaladVienna BreadFresh Fruit | **6** Egg SaladQuinoa saladCarrot Slaw Oat BreadCookie | **7** Teriyaki ChickenLo MeinBroccoli Salad Burger BunApplesauce  |
| **10** Ham & Swiss CheeseMarinated BeetsPasta SaladWW BreadCookie | **11** Seafood SaladSweet Potato Salad Spinach Salad White BreadChilled Fruit | **12** Tortellini Salad w/Peas Cucumbers & Tomatoes MG BreadApplesauce  | **13** Cobb Salad (Turkey, Egg, Cheese)Imitation Bacon Corn Salad Pita BreadFresh Fruit  | **14** Roast Beef & Provolone Potato Salad Roasted Carrot SaladLS Wheat Bread Yogurt |
| **17****Holiday****No Meals Served** | **18** Hummus Tabbouleh Broccoli SaladPita Bread Cookie  | **19 Shrimp** Pasta Salad Spinach SaladDinner RollGelatin  | **20** Asian Chicken SaladSesame Noodles WW Bread Mandarins | **21** Turkey & Provolone Lentil SaladGreen Bean Salad Oat Bread Chilled Fruit |
| **24** Ham & CheesePasta Salad Marinated VegetablesLS Wheat Bread Applesauce  | **25** Honey Mustard Chicken Salad Chickpea SaladBrussels Sprout SaladVienna BreadCookie  | **26** Turkey Salad Sweet Potato SaladCucumber SaladMG BreadChilled Fruit | **27** Sliced BeefGarden Salad Potato SaladPita BreadFresh Fruit | **28** Bean & Quinoa SaladZucchini SaladWW Dinner Roll Pudding  |

Questions? Leigh Hartwell 978-651-3023 or Lhartwell@agespan.org

A $2.00 confidential donation is suggested per meal. Donation letters are mailed monthly.

**Menu Subject to Change Without Notice**.

**To cancel meals, call the nutrition office at 978-686-1422 at least 24 hours prior to service.**

