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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **2** Sliced Turkey & GravyCornGreen Beans LS Wheat BreadApplesauce  | **3** Turkey SausageRoasted PotatoesHoney Carrots MG BreadPeaches Juice  | **4** Orange Chicken & BroccoliBrown RiceWW Dinner RollMixed Fruit  | **5** Hot Dog Baked BeansCinnamon ApplesSlaw Hot Dog Bun | **6** Beef Fajita with Peppers & Onions Rice & Black BeansTortilla Graham Crackers |
| **9** Salisbury Steak w/Mushroom GravyWhite RiceRoot VeggiesWW Bread Chilled Fruit  | **10** Garlic & Herb ChickenOrzo Capri BlendMG BreadLorna Doones | **11 Special:** Apple Glazed HamCorn Green Beans & PeppersChilled Fruit Honey Wheat Roll  | **12** Spaghetti & Vegetable MarinaraCauliflowerOat Bread Applesauce | **13 Cold:** Deli TurkeyGarden Salad Northern Bean Salad Vienna BreadMixed Fruit  |
| **16** Breaded Fish Vegetable Rice SWW Bread Mandarins  | **17** Turkey Pot PieCorn Vienna BreadFresh Fruit | **18** American Chop SueyBrussels SproutsWW Garlic RollGelatin | **19** Lemon Pepper ChickenBroccoliRice PilafLorna DoonesOat Bread | **20** Pork Sausage, Peppers & OnionsGreen Beans Roasted ButternutHot Dog BunApplesauce |
| **23** Ground Beef & GravyCorn CarrotsMG BreadMixed Fruit  | **24** Breaded FishPeasWarm Apples WW Burger Bun Slaw  | **25** **Holiday No Meal** | **26** Pasta w/Turkey, Onions, Mushrooms& PeasCarrots WW RollFresh Orange | **27** Apricot ChickenRice PilafBroccoliGraham CrackersOat Bread |
| **30** MeatballsTomato & Garlic SauceBrown RiceGreen Beans Oat BreadPineapple | **31** Bulgar Wheat Salad with Chickpeas BeetsGarlic RollMandarins | Menu Questions? Leigh Hartwell 978-651-3023 or Lhartwell@agespan.orgA $2.00 confidential donation is suggested per meal. Donation letters are mailed monthly.**Menu Subject to Change Without Notice** |

**To cancel meals, call the nutrition office at 978-686-1422 at least 24 hours prior to service.**

