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| **August Cold Supper** |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Nutrition Questions? Leigh Hartwell 978-651-3023 or lhartwell@agespan.org A $2.00 confidential donation is suggested per meal. Donation letters are mailed monthly.Menu Subject to Change Without Notice - Brought to you by the Older Americans Act | **1** Italian Sub (Ham,Salami Mortadella & Provolone) Pasta Salad Carrot Salad Sub Roll Applesauce  |
| **4** Turkey Pasta Salad Marinated Vegetables WW Dinner Roll  Chilled fruit | **5** Hawaiian Chicken Salad  Potato Salad  Spinach Salad  Cookie  MG Bread | **6** Garden Salad &  Sliced Beef Sweet Potato Salad Pita Bread Fresh Fruit | **7** Egg Salad Tabouli  Cucumber Dill Salad Applesauce WW Bread | **8** LemonChicken, Rice  & Broccoli  Zucchini Salad  WW Dinner Roll  Gelatin  |
| **11** Ham & Swiss Cheese Potato Salad  Carrot Salad  Applesauce  LS Wheat Bread  | **12** Cottage Cheese  Garden Salad  Pineapple  Fruit Loaf Pudding | **13** Honey Mustard  Chicken Salad  Pasta Salad Coleslaw Cookie  Vienna Bread | **14 Shrimp** Caesar Salad Couscous Salad Fresh Fruit  Pita Bread  | **15** Roast Beef & American Cheese  Marinated Beets German Potato Salad Multigrain Bread  Chilled Fruit |
|  **18** Turkey & Cheese Marinated Vegetables Potato Salad Rye Bread  Brownie Cookie  |  **19** Seafood Salad Spinach Salad Sweet Potato Salad Multigrain Bread Pudding |  **20** Chicken Cobb Salad Lentil Salad WW dinner roll Chilled Fruit |  **21** Meat Lovers Pasta  Salad Tomato & Cucumbers Oat Bread  Fresh Fruit  |  **22** CubanSandwich **(**Pork, Ham & Swiss) Potato Chips Carrot Salad Vienna Bread Applesauce |
|  **25** Honey BBQ Chicken Green Bean Salad Tri Color Pasta Salad Bulkie Roll Yogurt |  **26** Turkey Cran Salad Butternut Salad Corn Salad Oat Bread  Cookie |  **27** Tuna Salad Chickpea Salad Coleslaw WW bread Fresh Fruit |  **28** Vegetarian Chef Salad  (Egg & Kidney Beans) Macaroni Coleslaw Chilled Fruit Pita Bread |  **29** Roast Beef & Cheese  Marinated Beets German Potato Salad MG Bread  Chilled Fruit |

**To cancel meals, call the nutrition office at 978-686-1422 at least 24 hours prior to service**

