**May Puree Menu**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Nutrition Questions? Contact Leigh Hartwell 978-651-3023 or lhartwell@agespan.orgA $2 donation per meal is suggested. Donation letters are mailed monthly. | **1** Beef w/Tomato CauliflowerCarrotsPuddingHeathy Shake | **2** Breaded FishSweet PotatoesWarm ApplesYogurtHeathy Shake | **3** Macaroni & CheesePeas FruitHealthy Shake |
| **6** Apricot MeatballsPastaBeetsHeathy ShakeFruit | **7** Ravioli w/Marinara CauliflowerHeathy SakeFruit | **8** **Cold:** Chicken SaladButternut FruitYogurtHeathy Shake | **9** Vegetable Quiche Mashed PotatoesHoney Glazed CarrotsFruit Heathy Shake | 10Beef StewMashed potatoesFruitHeathy Shake |
| **13** Beef w/GravySweet PotatoesPeasPudding Heathy Shake | **14** Turkey w/ GravyMashed potatoCarrotsFruitHealthy Shake  | **15** Pesto Chicken PastaBeets Fruit Heathy Shake | **16** BBQ Pulled PorkSweet PotatoesCauliflower Fruit Heathy Shake | **17** Lemon Butter FishMashed Potato ButternutYogurtHeathy Shake |
| **20** Honey & LemonChicken Pasta & PeasFruitHeathy Shake | **21** **Volunteer Appreciation Day****No Meals Served** | **22** Tarragon Pork CarrotsCinnamon Apples Pudding Heathy Shake | **23 Cold:** Egg SaladPasta Salad FruitYogurtHeathy Shake | **24** Beef BurgundyEgg NoodlesCauliflowerFruit Heathy Shake |
| **27****NO Meals****Memorial Day** | **28** Stuffed Shells w/Marinara CauliflowerFruit Heathy Shake | **29** Chicken KievSweet PotatoesBeetsFruit Heathy Shake | **30** Meatloaf w/GravyMashed PotatoesPeasChocolate Pudding Heathy Shake | **31** Cheese Omelet Mashed PotatoesCarrotsFruit Heathy Shake |

**To Cancel Meals: Please call 978-686-1422 at least 24 hours prior to service. Menu subject to change without notice.**

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