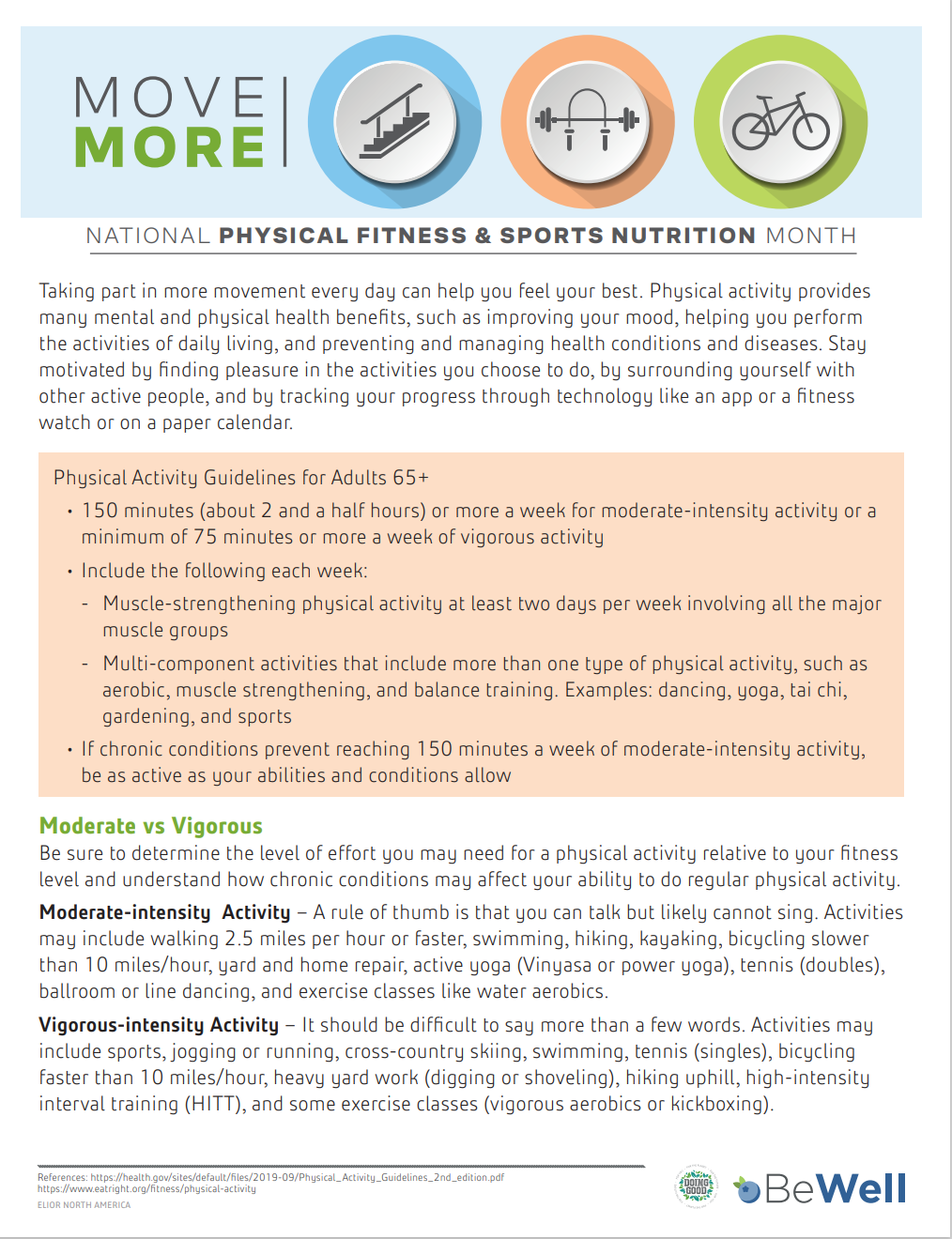
**May Puree Menu**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Nutrition Questions? Contact Leigh Hartwell 978-651-3023 or [lhartwell@agespan.org](mailto:lhartwell@agespan.org)  A $2 donation per meal is suggested.  Donation letters are mailed monthly. | | **1** Beef w/Tomato  Cauliflower  Carrots  Pudding  Heathy Shake | **2** Breaded Fish  Sweet Potatoes  Warm Apples  Yogurt  Heathy Shake | **3** Macaroni & Cheese  Peas  Fruit  Healthy Shake |
| **6** Apricot Meatballs  Pasta  Beets  Heathy Shake  Fruit | **7** Ravioli w/Marinara  Cauliflower  Heathy Sake  Fruit | **8** **Cold:** Chicken Salad  Butternut  Fruit  Yogurt  Heathy Shake | **9** Vegetable Quiche  Mashed Potatoes  Honey Glazed Carrots  Fruit  Heathy Shake | 10Beef Stew  Mashed potatoes  Fruit  Heathy Shake |
| **13** Beef w/Gravy  Sweet Potatoes  Peas  Pudding  Heathy Shake | **14** Turkey w/ Gravy  Mashed potato  Carrots  Fruit  Healthy Shake | **15** Pesto Chicken Pasta  Beets  Fruit  Heathy Shake | **16** BBQ Pulled Pork  Sweet Potatoes  Cauliflower  Fruit  Heathy Shake | **17** Lemon Butter Fish  Mashed Potato  Butternut  Yogurt  Heathy Shake |
| **20** Honey & LemonChicken  Pasta & Peas  Fruit  Heathy Shake | **21**  **Volunteer Appreciation Day**  **No Meals Served** | **22** Tarragon Pork  Carrots  Cinnamon Apples  Pudding  Heathy Shake | **23 Cold:** Egg Salad  Pasta Salad  Fruit  Yogurt  Heathy Shake | **24** Beef Burgundy  Egg Noodles  Cauliflower  Fruit  Heathy Shake |
| **27**  **NO Meals**  **Memorial Day** | **28** Stuffed Shells  w/Marinara  Cauliflower  Fruit  Heathy Shake | **29** Chicken Kiev  Sweet Potatoes  Beets  Fruit  Heathy Shake | **30** Meatloaf w/Gravy  Mashed Potatoes  Peas  Chocolate Pudding Heathy Shake | **31** Cheese Omelet  Mashed Potatoes  Carrots  Fruit  Heathy Shake |

**To Cancel Meals: Please call 978-686-1422 at least 24 hours prior to service. Menu subject to change without notice.**

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