|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Nutrition Questions? Contact Leigh Hartwell 978-651-3023 or lhartwell@agespan.org A $2 donation per meal is suggested. Donation letters are mailed monthly. | **1** Sloppy JoeWarm BerriesCorn Garden SaladBurger Bun | **2** Potato Crunch FishRice PilafBrussels SproutsWW Sandwich RollApple Slices | **3** Pork, Rice & BeansPeas & Carrots Oat Bread Fresh Orange |
| **6** Apricot MeatballsCouscousBeetsVienna breadPineapple  | **7** Beef & Peppers PastaZucchini & Summer SquashWW BreadMandarins | **8 Cold:** TurkeySpinach Salad Tabouli MG BreadJuice Gelatin  | **9** Grilled Chicken CornHoney Glazed CarrotsOat BreadFresh Fruit Salad | **10** Beef StewRice WW Dinner Roll Fresh Fruit  |
| **13** Beef FajitaBlack Beans Spanish RiceTortilla Lorna Doones | **14** Turkey w/GravyBeetsCarrots LS Wheat BreadApplesauce  | **15** Breaded Chickenw/Marinara PastaZucchini WW Bread Fresh Orange | **16** BBQ Pulled PorkSweet Potato TotsCorn Burger BunMandarins | **17** Lentil Stew Brussels Sprouts WW Dinner Roll Juice Gelatin |
| **20** Chicken Stir FryMandarin Veg BlendBrown RiceVienna breadPineapple  | **21** **Volunteer Appreciation Day****No Meals Served** | **22** Hot Dog Baked BeansCinnamon Apples Slaw Roll | **23 Cold:** TurkeyItalian Pasta Salad Garden SaladOat BreadGrahams | **24** Beef BurgundyEgg NoodlesBroccoliMG Bread Gelatin |
| **27****NO Meals****Memorial Day** | **28** PastaTurkey MarinaraBroccoli Dinner Roll Applesauce | **29** Lemon & Garlic Chicken Rice Pilaf BeetsMG breadPineapple | **30** Hamburger w/GravyOrzo PeasOat BreadChilled Fruit | **31** Breaded Fish Roasted PotatoesRatatouille MG BreadFresh Fruit  |

** To Cancel Meals: Please call 978-686-1422 at least 24 hours prior to service. Menu subject to change without notice.**

****