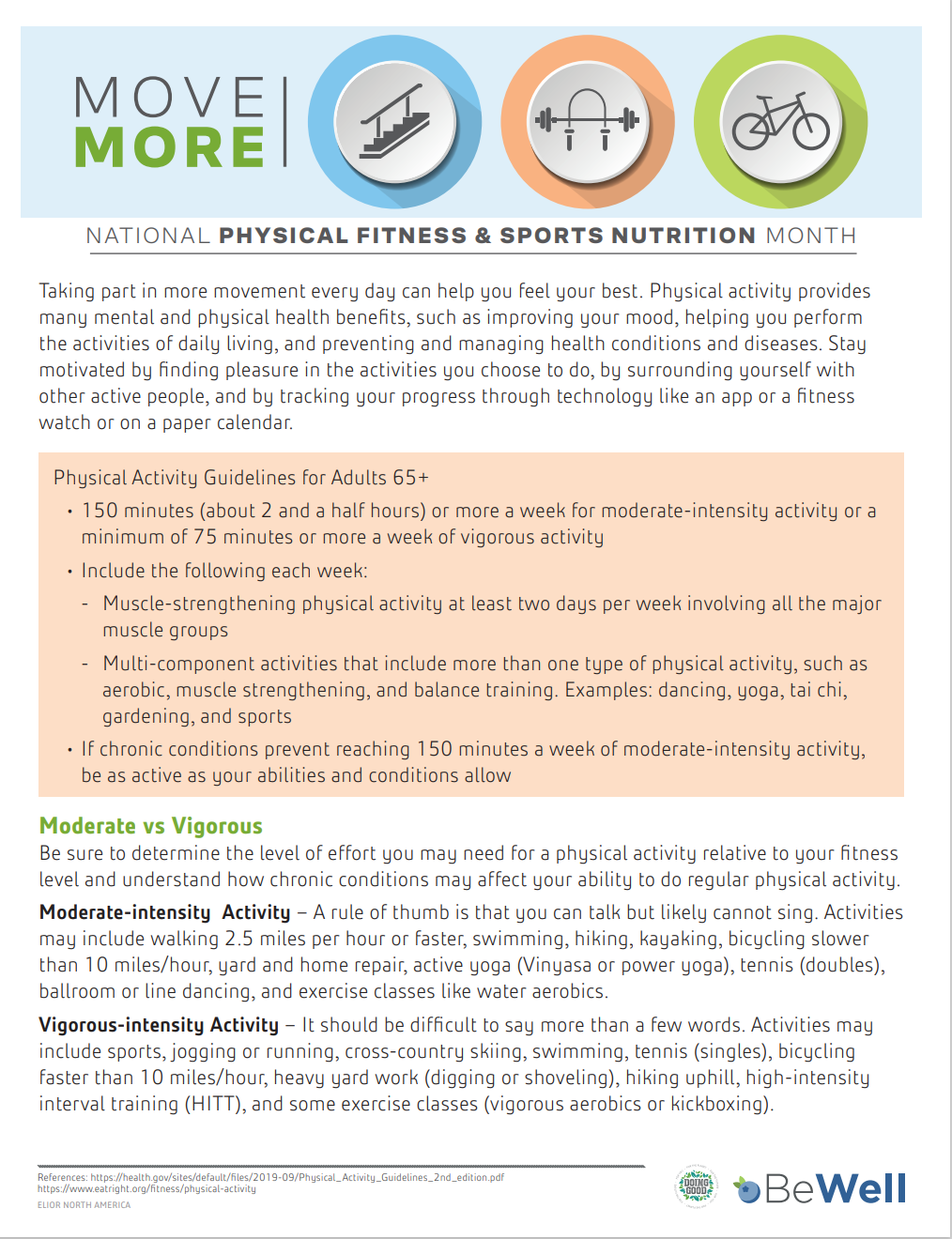
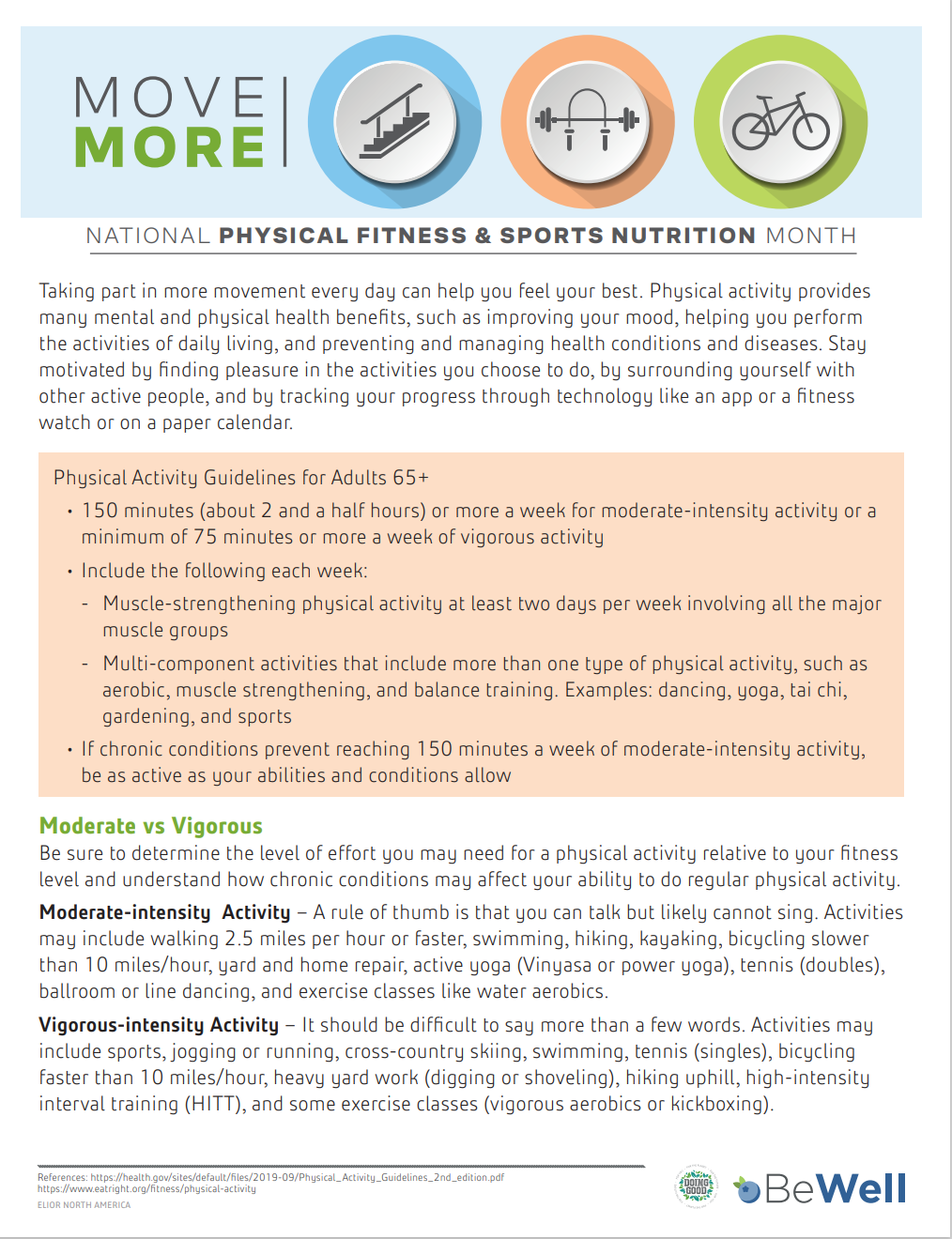
|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Nutrition Questions? Contact Leigh Hartwell 978-651-3023 or [lhartwell@agespan.org](mailto:lhartwell@agespan.org)  A $2 donation per meal is suggested. Donation letters are mailed monthly. | | **1** Sloppy Joe  Warm Berries  Corn  Garden Salad  Burger Bun | **2** Potato Crunch Fish  Rice Pilaf  Brussels Sprouts  WW Sandwich Roll  Apple Slices | **3** Pork, Rice & Beans  Peas & Carrots  Oat Bread  Fresh Orange |
| **6** Apricot Meatballs  Couscous  Beets  Vienna bread  Pineapple | **7** Beef & Peppers Pasta  Zucchini &  Summer Squash  WW Bread  Mandarins | **8 Cold:** Turkey  Spinach Salad  Tabouli  MG Bread  Juice  Gelatin | **9** Grilled Chicken  Corn  Honey Glazed Carrots  Oat Bread  Fresh Fruit Salad | **10** Beef Stew  Rice  WW Dinner Roll  Fresh Fruit |
| **13** Beef Fajita  Black Beans  Spanish Rice  Tortilla  Lorna Doones | **14** Turkey w/Gravy  Beets  Carrots  LS Wheat Bread  Applesauce | **15** Breaded Chicken  w/Marinara  Pasta  Zucchini  WW Bread  Fresh Orange | **16** BBQ Pulled Pork  Sweet Potato Tots  Corn  Burger Bun  Mandarins | **17** Lentil Stew  Brussels Sprouts  WW Dinner Roll  Juice  Gelatin |
| **20** Chicken Stir Fry  Mandarin Veg Blend  Brown Rice  Vienna bread  Pineapple | **21**  **Volunteer Appreciation Day**  **No Meals Served** | **22** Hot Dog  Baked Beans  Cinnamon Apples  Slaw  Roll | **23 Cold:** Turkey  Italian Pasta Salad  Garden Salad  Oat Bread  Grahams | **24** Beef Burgundy  Egg Noodles  Broccoli  MG Bread  Gelatin |
| **27**  **NO Meals**  **Memorial Day** | **28** Pasta  Turkey Marinara  Broccoli  Dinner Roll  Applesauce | **29** Lemon &  Garlic Chicken  Rice Pilaf  Beets  MG bread  Pineapple | **30** Hamburger w/Gravy  Orzo  Peas  Oat Bread  Chilled Fruit | **31** Breaded Fish  Roasted Potatoes  Ratatouille  MG Bread  Fresh Fruit |

** To Cancel Meals: Please call 978-686-1422 at least 24 hours prior to service. Menu subject to change without notice.**

****